

# Victoria Hills Neighbourhood Association

10 CHOPIN DR, KITCHENER, ON N2M 2G2 -519-741-2717



# Spring 2024



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## Victoria Hills Community Centre REGISTRATION

Registration for all VHNA Spring programs will begin

**Tuesday March 5, 2024 starting @**

**8:30 a.m.**

Register in person or

online at [www.kitchener.ca/activenet](http://www.kitchener.ca/activenet)

Phone: 519-741-2717

Visit our website: [www.vhna.ca](http://www.vhna.ca)

Email: [programming@vhna.ca](mailto:programming@vhna.ca)

See page 5 for more information on ACTIVE Net.

# Victoria Hills Neighbourhood Association

## Message from the 2023-2024 VHNA Board

Dear Neighbours:

Greetings, Namaste, Hola, As-salamu-alaikum, Selam

Spring a time for new beginnings, new perspectives, awakening from hibernation, fresh start, new opportunities and an opportune time to meet and connect with people in our neighbourhood.

Our Board of Directors and employees are busy planning events for the coming season: Gratiana who will be leading a walking group (initiated as a result of interest expressed in the survey); Dave is co-ordinating a community clean up in May and is looking for volunteers; Nur is planning a Market where local artisans can display their crafts; Natalie has a host of classes planned at the Community Centre, so please feel free to check out your options and sign up! A local group will be having a bike repair workshop operating near the Community Centre for the public.

We'd like to publicly welcome Natalie. Natalie started as program manager in mid-December and she comes with a wealth of experience and ideas. Please check out her note in this newsletter.

Thank you for participating in a survey done in November. You informed us of what you would like to see continue, shared ideas of programs/events you would like to see offered. We will be sharing these results with our community partners. Your expressed interests and suggestions are being taken into account when considering programming and events. We are in the process of contacting all who expressed interest in volunteering. We'd love to keep gathering ideas and feedback from our neighbours you can do so by dropping a note in the suggestion box in the Community Centre or emailing it to programming @vhna.ca

VHNA together with the CoK are inviting all partners who serve at VHCC to come together share their programs, feedback received and together explore ways to enhance collaboration that would best serve our hood.

On November 19th 2023, members of the VHNA participated in the 30th edition of the Grand finale of the Festival of Neighbourhoods. Is a festival that promotes inclusivity, creativity, a sense of belonging, and helps build strong vibrant neighbourhoods. The VHNA was recognized for being "Pros of Propinquity". Thank you Nadia for submitting our application for the contest. Happy 30th anniversary, Festival of Neighbourhoods!

Victoria Hills Community Center is one of six community centers approved by the City Council to open on the weekends. By extending operational hours it gives us opportunities for programming. Our appreciation to the City of Kitchener (CoK) staff at all levels for their ongoing support in various ways. Stay tuned as we work to provide more programming opportunities for our community.

Diversity is our strength. As Maya Angelou says "We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their color". Different people, different beliefs, different desires, different hopes, different dreams and all belonging to the one human race. Our hood the Victoria Hills Neighbourhood is certainly a beautiful tapestry and together we can build a thriving community.

We on the board are a group of volunteers who are grateful for the opportunity to serve the Victoria Hills Community. You are welcome to attend a board meeting, held on the first Wednesday of every month at 6:30p.m. at VHCC. We welcome your participation in serving our hood.

Bernadette  
Vanspall

Thays

Gratiana Adina

Chavira Jaxon

# Victoria Hills Neighbourhood Association Message from Program Manager Natalie Schwartzenruber

Greetings,

My name is Natalie Schwartzenruber and I am delighted to be joining the Victoria Hills Neighbourhood Association as your Program Manager. I am passionate about serving the community and I look forward to continuing efforts through ongoing events and programming opportunities.



I am a full-time employee with the City of Kitchener Parks department where I have the pleasure of working within our city's playgrounds and trails. In the warmer months you will find me working to keep our spaces and places clean and safe. When the snow starts to fall I work with my team to keep our downtown core accessible and hazard free.

Before joining the VHNA team I acquired a wealth of programming experience through volunteering at Stanley Park Community Association. I began my journey as a Workshop and Program Coordinator and eventually joined the Board of Directors as Program Lead. I look forward to sharing and utilizing this knowledge with the Victoria Hills Community.

In my spare time you will find me cozied up on the couch getting lost in a compelling new book or chopping up ingredients for delicious recipes that I have been eager to create. I am also a member of the ARM community – a fitness family that helps me make balance and consistency a lifestyle.

As I embark on this new journey, I welcome you to connect with me at [programming@vhna.ca](mailto:programming@vhna.ca) to share your thoughts on programming in the Victoria Hills hood. I look forward to hearing from you.

Best Wishes,  
Natalie



***We would like to acknowledge this community centre is situated on land that is the traditional home of the Haudenosaunee (Ho-deh-no-show-nee), Anishinaabe (Ah-nish-nah-bay) and Neutral People.***

***We recognize and deeply appreciate their historic connection to this place. We also recognize the contributions Indigenous peoples have made in shaping and strengthening this community. We are grateful for the opportunity to meet here and re-affirm our collective commitment to make the promise and the challenge of Truth and Reconciliation real in our community.***



# A Word From Your Councillor



Councillor **Margaret Johnston**  
Ward 8



Hello Neighbours!

Your Victoria Hills Neighbourhood Association (VHNA) has been working hard to bring fun and exciting new programs to the Victoria Hills Community Centre (VHCC) this spring! Girls Soccer and Girls Basketball are the newest additions, make sure to sign up for it! A great big 'thank you' to the members and volunteers for making these programs possible. To register for programs online visit ActiveNET or call the registration line at: 519-741-2382.

The VHNA is holding their Annual General Meeting on Wednesday June 7th at 7pm at the Victoria Hills Community Centre. New Volunteers and Board Members are always welcome. This is a terrific way to meet new neighbours and get involved with the great initiatives they are doing. I hope to see you there!

The VHCC also has expanded their hours on Saturdays, so you can enjoy all that it has to offer until 8 pm.

Join me at my next "Meet with Margaret" for an informal chat at the Victoria Hills Community Centre on Wednesday, May 8 from 6-7pm.

Please contact me with any questions or concerns you may have at: [councillor.johnston@kitchener.ca](mailto:councillor.johnston@kitchener.ca), or call me at 519-741-2796.

Sincerely,

Councillor Margaret Johnston - Ward 8

## Leisure Access (fee assistance)

Starting Fall 2023, Neighbourhood Association programming will qualify for the City of Kitchener's Leisure Access program. If program fees are preventing you, or a member of your family from joining a City or Neighbourhood Association program, you could qualify for a yearly amount of \$400 per person in Leisure Access fee assistance. These funds can be put towards any Neighbourhood Association programs and/or City of Kitchener programs, such as swimming lessons, summer camps, aquatic leadership programs, leisure programs, golfing, public skates, cooking classes at the Kitchener Market and more.

To find out if you qualify and to apply, visit [www.kitchener.ca/feeassistance](http://www.kitchener.ca/feeassistance).

If you require help applying, please visit the Community Centre or Kitchener City Hall with your required

# REGISTRATION FOR SPRING 2024

**Registration for all Victoria Hills Community Centre Spring Programs will begin Tuesday, March 5, 2024 starting at 8:30 am**

## ACTIVE Net Online Program Registration

Existing Accounts	New Customers
<p>Step 1: Go to <a href="http://www.kitchener.ca/activenet">www.kitchener.ca/activenet</a></p> <p>Step 2: Click on 'Sign In'</p> <p>Step 3: (First time only) Click on 'Forgot Password' and enter your email address to have your login information sent to you.</p> <p>If you have an account but it's not accepting your email, please call 519-741-2200 x2907</p>	<p>If you've never registered for a City of Kitchener program (or it's been longer than three years) you'll need to create a new account:</p> <p>Step 1: Go to <a href="http://www.kitchener.ca/activenet">www.kitchener.ca/activenet</a></p> <p>Step 2: Click on sign in/ up</p> <p>Step 3: Complete your information</p>
<p>In order to register you will need login information (email and password), the course code for the activity you wish to register in (it is also possible to search for the activity), and your credit card number and expiry date.</p>	

**Refunds and Withdrawals:**  
A 100% refund will be given if you withdraw from the program more than 7 days before the first day of the program. Refunds will only be given in the same form as the original payment. Cash refunds over \$20 will be refunded by cheque. Please note: If credit is left on an account, the credit will expire after three years. NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program.

**Programming Changes:**  
Programming, pricing, and instructors may be subject to change. For the most up-to-date information please call the Community Centre.

**Spectators:**  
To ensure safety and program quality, spectators are not permitted in the program rooms.

**Inclement Weather Policy:**  
If the center is closed, all programs are canceled for the entire day. A school closure may also cancel most programs. Check your local radio stations or visit [www.kitchener.ca](http://www.kitchener.ca) for updates. There are no refunds or replacement classes offered when programming is canceled due to inclement weather.

**Leisure Access:**  
The City of Kitchener Leisure Access Fee Assistance offers financial support for residents of Kitchener with low income. Applications can be picked up at any Community Centre, Indoor Pool, City Hall, or online at [www.kitchener.ca/feeassistance](http://www.kitchener.ca/feeassistance)

**VHNA fee Assistance :** *\*\*The VHNA will provide some fee assistance to those that have current Leisure Access Fee Assistance. A \$10 or \$5 fee subsidy will be provided for 1 program per session. To know more email: [programming@vhna.ca](mailto:programming@vhna.ca)*

# NEIGHBOURHOOD ASSOCIATION PROGRAMS

## CHILDREN & YOUTH PROGRAMS

### VHNA Children and Youth Music Program

Music: Learn to play piano in small group classes. No prior experience is necessary. Piano provided.

Program	Ages	Cost & Weeks	Day & Time	Dates	Course Code
Piano for Kids	5-8 Y	\$108.00/ 9 weeks	Mon 4:30-5:15 pm	Apr 22-Jun 24	137578
	5-8 Y	\$108.00/ 9 weeks	Mon 5:30-6:15 pm	Apr 22-Jun 24	137579
	6-11 Y	\$108.00/ 9 weeks	Mon 6:30-7:15 pm	Apr 22-Jun 24	137580
	5-8 Y	\$120.00/ 10 weeks	Tue 4:30-5:15 pm	Apr 23-Jun 25	137582
	5-8 Y	\$120.00/ 10 weeks	Tue 5:30-6:15 pm	Apr 23-Jun 25	137583
	6-11 Y	\$120.00/ 10 weeks	Fri 3:45-4:30 pm	Apr 26-Jun 28	137584
	6-11 Y	\$120.00/ 10 weeks	Fri 4:45-5:30 pm	Apr 26-Jun 28	137585
	6-11 Y	\$120.00/ 10 weeks	Fri 5: 45-6:30 pm	Apr 26-Jun 28	137586
	6-11 Y	\$120.00/ 10 weeks	Fri 6:45-7:30 pm	Apr 26-Jun 28	137587
	6-11 Y	\$120.00/ 10 weeks	Fri 7:45-8:30 pm	Apr 26-Jun 28	137588
Piano for Youth	12-17Y	\$108.00/ 9 weeks	Mon 7:30-8:15 pm	Apr 22-Jun 24	137581

# BEING YOUR OWN BEST FRIEND

An Art & Self-Compassion Workshop for Kids

Program Code #138006



Monday May 13, 2024  
4:00-5:30pm  
Victoria Hills  
Community Center

For kids age 8-10  
All art materials provided  
No art experience necessary  
Come as you are!

# CHILDREN'S & YOUTH PROGRAMS



## VHNA Children and Youth Sports

**Sports: Learn team-building skills and have fun with new friends**

Program	Ages	Cost & Weeks	Day & Time	Dates	Course Code
Basketball	7-9 Y	\$63.00/ 9 wks	Mon 5:00-6:00 pm	Apr 22-Jun 24	137576
Basketball	10-12 Y	\$63.00/ 9 wks	Mon 6:15-7:15 pm	Apr 22-Jun 24	137577
Kinder Soccer	3.5-6 Y	\$63.00/ 9 wks	Mon 4:45-5:30 pm	Apr 22-Jun 24	137574
Soccer	7-9 Y	\$63.00/ 9 wks	Mon 5:45-6:45 pm	Apr 22-Jun 24	137575
Multisport	4-6 Y	\$65.00/ 10 wks	Wed 4:00-4:45 pm	Apr 24-Jun 26	137699
Basketball	7-8 Y	\$65.00/ 10 wks	Wed 5:00-6:00 pm	Apr 24-Jun 26	137700
Girls Basketball	9-11 Y	\$65.00/ 10 wks	Wed 6:15-7:15 pm	Apr 24-Jun 26	137701
Girls Basketball	12-17 Y	\$65.00/ 10 wks	Wed 7:30-8:30 pm	Apr 24-Jun 26	137702
Girls Soccer	6-8 Y	\$65.00/ 10 wks	Fri 4:00-5:00 pm	Apr 26-Jun 28	137703
Girls Soccer	9-11 Y	\$65.00/ 10 wks	Fri 5:00-6:00 pm	Apr 26-Jun 28	137704
Soccer	6-8 Y	\$65.00/ 10 wks	Fri 4:00-5:00 pm	Apr 26-Jun 28	137705
Soccer	9-11 Y	\$65.00/ 10 wks	Fri 5:00-6:00 pm	Apr 26-Jun 28	137706
Parent & Tot Multisport	3-6 Y	\$55.00/ 10 wks	Sat 9:30-10:30 am	Apr 20-Jun 22	137707
Outdoor Soccer	8-13 Y	\$120.00/ 8 wks	Tue 5:00- 6:30 pm	May 7- Jun 25	137670
Outdoor Soccer	8-13 Y	\$120.00/ 8 wks	Wed 5:00- 6:30 pm	May 8- Jun 26	137671

# NEIGHBOURHOOD ASSOCIATION PROGRAMS



## VHNA Children's Dance

**Ballet/Jazz: Offers the development of grace, poise, and discipline.**  
Ballet shoes are recommended

Name	Age	Cost & Weeks	Day & Time	Dates	Course Code
Ballet	4-5 Y	\$65.00/ 10 wks	Apr 24– Jun 26	Wed 5:30-6:15 pm	137590
Ballet	6-8 Y	\$65.00/ 10 wks	Apr 25– Jun 27	Thu 5:30 - 6:15 pm	137594
Beginner Ballet	4-5 Y	\$65.00/ 10 wks	Apr 20 –Jun 22	Sat 9:30-10:00 am	137596
Ballet	6-8 Y	\$65.00/ 10 wks	Apr 20 –Jun 22	Sat 10:15-10: 45 am	137597
Beginner Jazz	4-7 Y	\$65.00/ 10 wks	Apr 25– Jun 27	Thu 4:45 –5:15 pm	137593
Jazz	6-8 Y	\$65.00/ 10 wks	Apr 25– Jun 27	Thu 6:30 - 7:15 pm	137595
Beginner Jazz	8 Y	\$65.00/ 10 wks	Apr 20 –Jun 22	Sat 11-11:30 am	137598

## VHNA Annual Community Clean Up

**Saturday, May 4, 2024; 10am-12pm**

Working in small groups and families, we're aiming to help get the park (and the surrounding area) clean and ready for a busy Spring. Meet up in the parking lot off the Victoria Hills Community Centre. Bags and gloves to be provided.





# CHILDREN & YOUTH PROGRAMS

## VHNA Children's Dance

**Hip-Hop : Learn cool Hip Hop moves and improve rhythm and coordination**

Program	Age	Cost Weeks	Day & Time	Dates	Course Code
Hip-Hop	6-8Y	\$65.00/ 10 wks	Wed 6:30-7:15 pm	Apr 24– Jun 26	137591
Hip-Hop	9-11Y	\$65.00/ 10 wks	Wed 7:30-8:15 pm	Apr 24– Jun 26	137592



## VHNA Children's Robotics: STEMOTICS

**Learn robotics with LEGO education WeDo. Students are taught engineering basics with an emphasis on exploration and trial and error field-testing**

Program	Age	Cost weeks	Day & Time	Dates	Course Code
Lego WeDo 2.0 Robotics Fix & Code	4-6 Y	\$ 65.00/ 5 weeks	Sat 9:30-10:25 am	Apr 20– May 18	137713
Minecraft Education; Programming with code Builder	7-9 Y	\$ 65.00/ 5 weeks	Sat 10:30-11:25 am	Apr 20– May 18	137716
Explore Wild Animals with LEGO WeDo Robotics	4-6 Y	\$ 65.00/ 5 weeks	Sat 9:30-10:25 am	May 25– Jun 22	137717
Minecraft: Design & Build with Friends	7-9 Y	\$ 65.00/ 5 weeks	Sat 10:30-11:25 am	May 25– Jun 22	137718

## NEIGHBOURHOOD ASSOCIATION PROGRAMS



### VHNA Youth Basketball

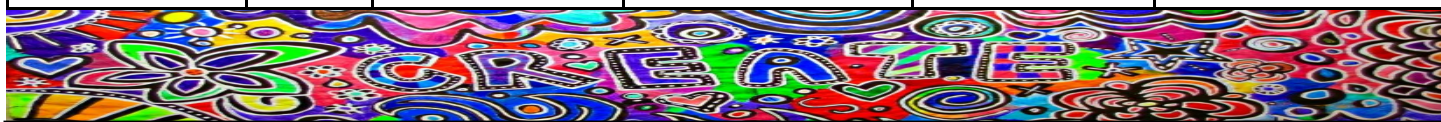
Program	Age	Cost weeks	Day & Time	Dates	Course Code
Youth Night Basketball Jr.	9-12 Y	No cost/ 10 wks	Fri 6:30-7:25 pm	Apr 26-Jun 28	137729
Youth Night Basketball Jr.	9-12 Y	No cost/ 10 wks	Fri 7:30-8:25 pm	Apr 26-Jun 28	137730
Youth Night Basketball Sr.	13-17 Y	No cost/ 10 wks	Fri 8-8:55 pm	Apr 26-Jun 28	137731

### VHNA Youth Art

**A youth-led arts based program. Be creative and have fun!**

**No cost to participate**

Youth Art	7-12 Y	No cost/ 10 wks	Fri 6:30-7:25 pm	Apr 26-Jun 28	137732
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## Neighbourhood Camps

Registration begins March 19, 8:30am for children aged 4-12.

Full day camps with before and after care available.

**July 2 - August 16 9:00 AM - 4:30 PM**

You can register for summer camps:

- online on [ActiveNet](#)
- by calling [519-741-2200, ext. 2907](tel:519-741-2200)
- in person at your local [community centre](#)



## NEIGHBOURHOOD ASSOCIATION PROGRAMS

### VHNA Children's Cooking

**Cooking Creations: Join us in the kitchen to create simple and delicious dishes. Supplies included.**



Program	Ages	Cost & Weeks	Day & Time	Dates	Course Code
Kids Cooking Creations	5-7 Y	\$65.00/ 5 weeks	Wed 4:30-6:00 pm	Apr 24-May 22	137672
	8-11 Y	\$65.00/ 5 weeks	Wed 6:00-7:30 pm	Apr 24-May 22	137673
	5-7 Y	\$65.00/ 5 weeks	Wed 4:30-6:00 pm	May 29- Jun 26	137689
	8-11 Y	\$65.00/ 5 weeks	Wed 6:00-7:30 pm	May 29- Jun 26	137690
Kids Cooking Creations	5-7 Y	\$65.00/ 5 weeks	Thu 4:30-6:00 pm	Apr 25- May 23	137691
	8-11 Y	\$65.00/ 5 weeks	Thu 6:00-7:30 pm	Apr 25- May 23	137692
	5-7 Y	\$65.00/ 5 weeks	Thu 4:30-6:00 pm	May 30-Jun 27	137693
	8-11 Y	\$65.00/ 5 weeks	Thu 6:00-7:30 pm	May 30-Jun 27	137694
Kids Cooking Creations	5-7 Y	\$65.00/ 5 weeks	Fri 4:30-6:00 pm	Apr 26– May 24	137695
	8-11 Y	\$65.00/ 5 weeks	Fri 6:00-7:30 pm	Apr 26– May 24	137696
	5-7 Y	\$65.00/ 5 weeks	Fri 4:30-6:00 pm	May 31– Jun 28	137698
	8-11 Y	\$65.00/ 5 weeks	Fri 6:00-7:30 pm	May 31– Jun 28	137697

# ADULT PROGRAMS



## VHNA Adult Programs

Sports: Enjoy game play and skill development

Program	Ages	Cost & Weeks	Day & Time	Dates	Course Code
Basketball	18Y+	\$65.00/ 9 wks	Mon 7:30-9:00 pm	Apr 22– Jun 24	137720
Basketball	18Y+	\$70.00/ 10 wks	Thu 7:35-9:00 pm	Apr 25– Jun 27	137721
Volleyball	18Y+	\$70.00/ 10 wks	Wed 7:30-8:50 pm	Apr 24– Jun 26	137723

Fitness: Heighten your mind and body awareness (\*bring your own mat)

Program	Ages	Cost & Weeks	Day & Time	Dates	Course Code
Hatha Flow Yoga	16Y+	\$ 65.00/ 9 wks	Tue 6:30-7:30 pm	Apr 23– Jun 25	137724
Ying Yoga	16Y+	\$ 65.00/ 9 wks	Tue 7:45– 8:45 pm	Apr 23– Jun 25	137725
Pilates	16Y+	\$ 65.00/ 9 wks	Thu 6:30-7:30 pm	Apr 25– Jun 27	137726

## VHNA Adult Drop In Programs

Program	Ages	Day & Time	Dates	Cost
Outdoor Walking Group	18+	Thu 6:00-7:00 pm	Apr 25– Jun 27	FREE
Knitting	18Y+	Tue 1:00-3:00pm	All year round	FREE
Newcomer Seniors Program	55Y+	Tue 10:30-12:00pm	Apr 16-Jun 18	FREE
Badminton	18+	Wed 6:30-7:25 pm	Apr 24– Jun 26	FREE

Program	Ages	Day & Time	Dates
Early ON- Drop In	0-6 Y	Friday 9:30 -11:00 am	April 5– June 28
AFRO Black Mental Health Campaign For Kids		Wednesday 5-8 pm	April—June
House of Friendship - Tutoring Program	Grades 1 to 8 Age 6-13 Y	Monday 4– 5:30 pm *limited spots available	April 8– June 17
AFRO Mother and Daughter		Monday 6-8 pm	April—June
Fabulous Kids for Newcomers Camino– Wellbeing + Mental Health	6-9 Y	Tuesday 4:15-5:15pm	April 16– June 4
AFRO Basketball Club	Youth	Tuesday 6-8 pm	April– June
Pathways to Education Camino Wellbeing + Mental Health	Highschool students	Wednesday 4:30-6:30 pm	April 3– June 19
Coalition of Muslim Women Youth Leaders in Charge (YL4C)	14-24 Y	Saturday 10-12pm	April—June
Learn English Make Friends In-person and online	-	Tues 10-11:30 am (in-person) Tues 9:30-11:00 am (online ) Thu 7-8:30 pm (in-person) Thu 6:30-8:00 pm (online)	April 2– May 30
House of Friendship- Adult Cooking	18+	Thursday 9:30– 11:30am	April 4– June 20
AFRO Empowering Girls	18+	Friday 4:30-6:30 pm	April– June
Gentle Exercise Community Support Connections	55+	Tuesday & Thursday 9:30-10:30 am	April 2– June 27
AFRO Cultural Enrichment and BMHC the Generations	9-12 Y	Tuesday 6-8 pm	April– June



**Save the Date for  
Neighbours Day  
June 15**

[www.kitchener.ca/NeighboursDay](http://www.kitchener.ca/NeighboursDay)

**Host a Musician** Visit: [www.kitchener.ca/Neighboursday](http://www.kitchener.ca/Neighboursday) to sign up to host

# CITY OF KITCHENER PROGRAMS

## Adult Piano

Learn to play the piano in this small group setting.



Program	Ages	Cost & Weeks	Day & Time	Dates	Course Code
Piano Lessons for Adult: Beginner	18Y+	Adult 55+: \$96 Adult 18-54: \$117.12/12 weeks	Tue 6:30-7:25 pm	Apr 2 – Jun 18	137230
Piano Lessons for Adult: Continuing	18Y+	Adult 55+: \$96 Adult 18-54: \$117.12 12 weeks	Tue 7:30-8:25 pm	Apr 2– Jun 18	137231

## Adult Oil Painting

This course is designed for artists with little or no experience with Oil Painting. The instructor will teach you the basics and more. All supplies are included. Please only register if you are available to attend all 6 weeks of classes.

Program	Ages	Cost & Weeks	Day & Time	Dates	Course Code
Oil Painting	55Y+	Free/ 6 weeks	Wed 1:00-2:30 pm	Apr 3– May 8	137232
Oil Painting	55Y+	Free / 6 weeks	Wed 1:00-2:30 pm	May 15- Jun 19	137233



### Tiny Home Takeout is here!

In the parking lot of Victoria Hills Community Centre  
Tuesdays and Thursdays; 6:30-7:30pm

Grab a bite. Give if you can.

For more information visit:  
<https://tinychometakeout.com/>

# COMMUNITY CENTRE SERVICES

**Need help? Service in more than 200 language  
City staff can help you in your language. Ask us!**

Besoin d'aide? Nous pouvons vous aider dans votre langue. Il suffit d'en faire la demande.

للمساعدة؟ يمكننا التحدث بلغتكم لمساعدتكم. ما هو طلبكم

Caawimo ma rabtaa? Waxan kugu caawin karnaa luqadaada. Na weydii!

እርዳታ ይፈልጋሉ? በቋንቋዎ ልንረዳዎ እንችላለን። ተይቁን!

ሓገዝ ትደልዩ? ብቋንቋኹም ክንሕግዘኩም ንኽእል። ሕተቱና!

کمک نیاز دارید؟ ما می توانیم به زبان خودتان به شما کمک کنیم. از ما پرسید

¿Necesita ayuda? Le podemos ayudar en su idioma. ¡Pregúntenos!

## House of Friendship Services



### Family Outreach worker

Do you have children (up to 17 years) and are wondering how you can connect to resources for basic needs within your community?

Make an appointment with our Family Outreach Worker Dilber.

**519-498-7468** or [dilbers@houseoffriendship.org](mailto:dilbers@houseoffriendship.org)

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### Neighborhood Food Program

For the Victoria Hills neighbourhood

Mondays from 12:30 p.m. to 3:30 p.m.

Call for an appointment: **519-404-2276**

Community Development Worker: **Marwa Eid**



**YMCA of  
Three Rivers**

### Settlement Worker

***Yibabie Ghebrehiwe***

Call for an appt: 519-579-9624

Email: [yibbie.ghebrehiwet@ckwymca.ca](mailto:yibbie.ghebrehiwet@ckwymca.ca)

# COMMUNITY CENTRE SERVICES

## Leisure Access

If program fees are preventing you or a member of your family from joining a City Program, or Neighbourhood Association program fee assistance may be available.

You could qualify for \$400 per family member

You can apply online at:

<https://www.kitchener.ca/en/recreation-and-sports/leisure-access-fee-assistance.aspx>

Paper applications are available at any community centre.

For more details please call any community centre.

## Inclusion Support

If you or your child has a disability and needs support to join any of our programs, you can apply for an inclusion membership. We will work with you to find the best accommodation, through these methods:

- ◆ Program adaptations
- ◆ 1:1 support
- ◆ Other means of assistance

We also welcome support through personal support workers and our personal attendant for leisure (PAL) program.



Apply online at: <https://www.kitchener.ca/en/recreation-and-sports/inclusion-support.aspx>

# FACILITY RENTALS

The Victoria Hills Community Centre gymnasium is a great location for: meetings, parties (large or small), cultural events, church get-togethers and meetings, sporting events, receptions, anniversaries and family events, as well as special events.

We also have warming kitchens in two of our larger rooms make them ideal for catered and unlicensed events.

Our Centre is fully accessible and caters to individuals of all ages and abilities.

For more information about rental opportunities at the Victoria Hills Community Centre, please call

519-741-2717 or  
visit [kitchener.ca/book](http://kitchener.ca/book)

## Book A Community Room

You can book a time to use a room for meetings.



## Book A Gym

You can book a time to use a community center gym for physical activity. Please bring your own equipment



**BOOK FREE**  
*space*

Book free space at your local community centre!